



 **cara**
SKIN CARE

be *your* own beautiful



About Cara Skin Care

Our Mission

At CARA Skin Care we are dedicated to providing a superior level of exclusive professional skin care solutions for all skin types and unique skin conditions. We deliver proven results leaving you with healthier, radiant and youthful looking skin.

Our History

With over 35 years of experience in the Beauty Industry, Inge Patton and her team of esthetic and medical experts recognized the need for a product line that offers effective treatments for many skin conditions in both professional and home settings. Following intensive research into bio-botanical compounds and high potency ingredients, Cara Skin Care was introduced to skin care professionals in 2011. Cara Skin Care continues to evolve through ongoing research and integrating market feedback into the development of new and exciting products.

Our Commitment

At CARA Skin Care we are as committed to customer service and satisfaction as we are to offering products of the highest quality and effectiveness.

Our Products

CARA Skin Care combines the power of innovative bio-botanical compounds and proven clinical-grade active ingredients. We maintain a strong focus on the performance and the benefits of utilizing natural ingredients. CARA products do not contain parabens, petrolatum, mineral oils, or sodium lauryl sulfate. Our products are designed to complement one another working synergistically to achieve optimal results.

Cleansers

Pure Intense 200 ml • 500 ml

Skin Type: oily, problematic, acneic skin.

This oil-free cleanser deeply, yet gently removes surface impurities and bacteria. The purifying extracts of citrus oils and eucalyptus offer astringent and antibacterial properties to help fight break outs while giving the complexion a healthy and fresh glow. This refreshing cleanser is ideal for oily, combination and/or acneic skin.

Pure Mild 200 ml • 500 ml

Skin Type: sensitive, all skin types, rosacea and compromised skin.

Pure Mild Cleansing Gel gently lifts away dirt and impurities with a unique blend of non-drying, non-comedogenic surfactants. Vitamin B5 deeply moisturizes and includes healing and regenerative benefits. Glyceril Cocoate, a derivative of coconut, delivers effective skin cleansing properties, leaving the skin soft, hydrated and supple. This cleanser is ideal for sensitive, rosacea-prone and dehydrated skin.

Glyco-10 200 ml • 500 ml

Skin Type: mature, damaged, dry, acneic, hyperpigmented and pre and post treatment skin.

The Glyco-10 Exfoliating Cleanser contains pharmaceutically pure glycolic acid which aids in the removal of oil and surface debris on the skin. Green tea leaf exfoliates dull skin and reduces inflammation, while licorice brightens and adds clarity to the complexion. This highly active cleanser is ideal for mature, damaged and combination skin. Recommended prior to any chemical peel treatment.



Toning Mists

PureEssence 196 ml

Skin Type: sensitive, all skin types.

This gentle toning mist is packed with antioxidants to aid in the prevention of aging. Vitamins A and E, along with the soothing and regenerative extracts of cucumber and arnica work in synergy to attain the results of a healthy complexion. It is an exceptional ph-balancing toning mist for sensitive, dry, irritated and rosacea-prone skin.

MoistureMist 200 ml

Skin Type: mature, all skin types, ideal for dry and post treatment skin.

MoistureMist toner contains potent antioxidants and botanicals to replenish the skin while promoting skin elasticity and preventing transepidermal water loss. The combination of aloe vera, green tea, citrus flower extract and MagC function to repair and strengthen the skin, stimulate collagen, help to lock in water and provide antioxidant benefits. This refreshing toner is ideal for all skin types. It is also recommended for post treatment care.



Dynamic Repair Serums

Amicelle 30 ml

Skin Type: mature, all skin types, including dry skin.

An extremely effective anti-line serum reducing the appearance of crow's feet, forehead lines, frown and lip lines. The added benefits of sodium hyaluronate, polysaccharides and Matrixyl provide the skin with an immediate firming and lifting effect. Use of this product will also compliment and boost results in professional anti-wrinkle treatments, such as derma fillers, peels, microdermabrasion, and laser treatments. Recommended for all skin types.

Bio-Peptide 30 ml

Skin Type: mature, all skin types, ideal for dry and/or damaged skin.

A combination of the latest scientific discoveries of amino acids and plant derived neuropeptides create this ultimate wrinkle minimizing complex. Matrixyl lifts, firms and significantly reduces wrinkles while septatonic M3 acts as an energizing complexion enhancer. This powerful firming serum will provide an immediate improvement in elasticity, radiance and visible long-term wrinkle reduction of crow's feet, forehead lines and lines around the mouth. Recommended for all skin types, especially mature and environmentally stressed skin.

Vita A 30 ml

Skin Type: all skin types, excellent for hyperpigmented and/or problematic skin.

This oil-free Vitamin A retinol serum is exceptional in promoting cellular renewal and exfoliation, revealing younger, plumper skin cells while reducing the appearance of fine lines, wrinkles and skin irregularities. The antioxidant vitamin E helps improve moisture, softness and slows the aging process. This incredible serum is most effective when used in combination with the CARA glycolic skin care regime. Recommended for oily, combination, mature and environmentally damaged skin.



Dynamic Repair Serums

Glyco-15 30 ml

Skin Type: mature, dry, damaged, hyperpigmented, oily, acneic and pre-treatment skin.

A clear, penetrating glycolic gel formulated with special soothing agents of sodium hyaluronate, vitamin B5, and allantoin to keep skin soft and hydrated as it combats wrinkles, hyperpigmentation and acne. Yeast Betaglucon stimulates collagen synthesis, promotes cellular turnover while keeping the skin nourished. This fabulous glycolic serum is ideal for mature, oily, combination, and/or problematic skin types. This serum is not designed for sensitive and rosacea-prone skin.

HydraCalm 30 ml

Skin Type: sensitive, all skin types, ideal for damaged skin, rosacea-prone, post treatment skin.

Specially formulated, this serum is clinically proven to restore the skin's moisture barrier, leaving it hydrated, energized and radiant. The unique marine complex of glycosaminoglycans, soybean seed extract and sea whip extract help to reduce the appearance of facial redness, calms reactive skin and builds up the skin's immunity to irritants. Recommended for all skin types, post treatments and even the most sensitive and rosacea-prone skin.

Silk Radiance 15 ml

Skin Type: all skin types.

This clear, silky serum provides a dynamic veil for the skin. Its light diffusing properties help give an immediate boost to a tired and dull complexion, while improving the skin's texture and appearance. It is formulated with botanical extracts of apricot, cucumber and vitamins A & E to shield against environmental aggressions. Ideal as a makeup primer. Recommended for all skin types.



Moisturizers

Power Peptide 50 g

Skin Type: mature, all skin types, ideal for dry skin.

This intensive moisturizer combats the negative effects of aging, loss of firmness and improves the appearance of environmentally stressed skin. The moisture complex sodium hyaluronate and antioxidant ingredients actively increase levels of hydration and protection. Corn kernel extract fills in existing fine lines while Matrixyl provides incredible firming benefits to the skin.

Cell_{MX} 50 g

Skin Type: all skin types.

Cell_{MX} Moisture Cream is a concentrated formula of soy extract and oat beta glucan derivatives. This ideal combination of powerful ingredients reverse the signs of aging by promoting cellular turnover and preventing moisture loss. The MDI Complex has been clinically shown to reduce the appearance of rosacea.

PureCitrus 50 g

Skin Type: oily, problematic, combination and all skin types.

PureCitrus Day Cream is formulated to balance, tone and condition combination, oily and/or problematic skin. It is light in texture and the botanical extracts of lemon enliven the complexion. This light, antibacterial moisturizer offers the skin protection against environmental aggression.

Post_{TX} Remedy 50 g

Skin Type: all skin types, sensitive, rosacea-prone & post treatment skin.

Post_{TX} Remedy soothing cream hydrates and soothes while minimizing flaking and peeling. The addition of oat beta glucan sodium hyaluronate and evening primrose enables the skin to resist stress and provides immediate skin firming hydration. This cream fosters a favourable pH environment for post treatment and/or compromised skin.





Exfoliants

Pumpkin Heat

Skin Type: all skin types.

This enticing pumpkin scented mask warms your skin for better exfoliation, unveiling a beautiful, glowing complexion. The even exfoliation of this paraben free mask is provided by the exceptional benefits of the pumpkin extract. Jojoba and fruit enzymes provide the right ingredient blend for a natural exfoliation while zeolite gives the warming sensation.

Multi-Active Scrub

Skin Type: all skin types.

The gentle cleansing agents of this luxurious foaming scrub leave the skin with a refreshed look and sensation. Rice bran, bamboo, green tea and walnut are an excellent combination for even exfoliation while also providing moisture binding, antioxidant, repairing and strengthening activity. Ginseng and ginger root invigorate, tone, promote circulation and healing, and soothe and soften the skin.

Masks

PhytoMud

Skin Type: oily, problematic, combination and all skin types.

The paraben free Pore Minimizing Mask is a vegetable mud mask ideal for acneic, normal and/or combination skin. The mushroom extract promotes cell turnover, increases hydration and improves firmness while sandalwood and lavender oil calm and soothe. Peppermint provides the added benefit of cooling and revitalization. Refine your pores to perfection with bentonite, a natural clay skin clarifier.

Soothing Recovery

Skin Type: all skin types, ideal for sensitive, acneic, rosacea-prone and post treatment skin.

This ultra-gentle gel mask has been developed specifically for compromised, inflamed and irritated skin. It is also recommended for post treatment care such as chemical peels or laser treatments. Copper, zinc and vitamin K combined with skin-cooling aloe vera quickly help reduce redness and other signs of irritation while bringing sensitive skin to a healthy balance.

Eyes

Revida 15 g

Skin Type: mature, all skin types, ideal for dry skin.

Revida Eye Cream is a concentrated cream containing a special complex of active ingredients working synergistically to transform your eye area. Green tea extract reduces puffiness and strengthens the delicate tissue; Co-Enzyme Q10 promotes firmness and elasticity; squalene protects and moisturizes the sensitive eye area and phyllanthus emblica fruit extract helps reduce the appearance of dark circles.

Revive 15 g

Skin Type: mature, all skin types, ideal for dry skin.

Find in Revive Eye Gel a unique paraben free blend of sea lettuce extract, locust bean and evening primrose to instantly make the eye area firmer, while diminishing the appearance of under eye puffiness. This super soothing and super cooling eye gel has been formulated to reduce the visible signs of aging, while the peptide-packed ingredients renew the delicate eye area.

Soothing Duo 118 ml

Skin Type: all skin types.

Gently remove your eye makeup with this soothing, paraben free Eye Makeup Remover. It contains cucumber, vitamin E and other ingredients formulated at a pH close to natural tears while also providing anti-inflammatory benefits. Soothing Duo will gently and effectively remove waterproof and non-waterproof eye makeup.



Sun

Illuminating Moisture 48 g

Skin Type: all skin types.

This paraben free Illuminating Moisture Tint with SPF 20 is the perfect product for anyone looking to add extra hydration and protection while it evens the skin tone with a natural coverage. The weightless finish of this oil-free tint illuminates the skin to perfection. Recommended for all skin types.

Daily Solar Guard 113 g

Skin Type: all skin types, ideal for sensitive, acneic, rosacea-prone and oily skin.

This moisturizing Daily Solar Guard SPF 25 provides a broad-spectrum transparent barrier against damaging UVA/UVB rays. A unique phyto-complex improves the appearance of fine lines while minimizing the short-term negative effects of harmful UV rays. This paraben free, non-greasy formula is suitable for all skin types.



Peel Power

Glycolactic 70_{RX} 100 ml

Skin Type: skin with fine lines, sun damage, hyperpigmentation.

This intensive professional Alpha Hydroxy Acid (AHA) peel solution contains a combination of 35% glycolic and 35% lactic acid. It is recommended for the treatment of fine lines, sun damage or hyperpigmentation. Not suitable for sensitive or rosacea-prone skin. For professional use only.

Salicylic 20_{RX} 100 ml

Skin Type: oily, acneic, pigmentary disturbances and sun damaged skin.

This 20% salicylic acid solution, which is both hydrophilic and lipophilic, provides intense exfoliation and expedites cellular renewal for the perfect complexion. This professional Beta Hydroxy Acid (BHA) peel is ideal for treating oily, acneic, pigmentary disturbances and sun damaged skin. Not suitable for extremely sensitive skin. For professional use only.

Grape Enzyme Peel 100 ml

Skin Type: all skin types.

This Professional Grape Enzyme Peel is an alternative to glycolic and salicylic acid peels. This 20% multi-fruit acid complex made with white grape wine and fresh fruit pulp gently exfoliates the upper epidermis while wine polyphenols condition the skin. This is a mild, yet effective chemical peel for all skin types. For professional use only.



Treatment Recommendations

AM	PM	
■	■	Cleansers
■	■	Pure Intense Oil-Free Cleanser
■	■	Pure Mild Cleansing Gel
■	■	Glyco-10 Exfoliating Cleanser
■	■	Toning Mists
■	■	PureEssence Sensitive Toner Mist
■	■	MoistureMist Hydrating Toner Mist
■	■	Dynamic Repair Serums
■	■	Amicelle Anti-Line Serum
■	■	Bio-Peptide Firming Serum
■	■	Vita A Retinol Serum
■	■	Glyco-15 Corrective Serum
■	■	HydraCalm Soothing Serum
■	■	Silc Radiance Repair Serum
■	■	Moisturizers
■	■	PureCitrus Day Cream
■	■	Cell _{MX} Moisture Cream
■	■	Power Peptide Cream
■	■	Post _{TX} Remedy

AM	PM	
■	■	Exfoliants
■	■	Pumpkin Heat Exfoliating Mask
■	■	Multi-Active Scrub Foaming Exfoliant
■	■	Masks
■	■	PhytoMud Pore Minimizing Mask
■	■	Soothing Recovery Mask
■	■	Eyes
■	■	Revida Eye Cream
■	■	Revive Eye Gel
■	■	Soothing Duo Eye Makeup Remover
■	■	Sun
■	■	Illuminating Moisture Tint SPF 20
■	■	Daily Solar Guard SPF 25

Whether you are looking for an effective clinical treatment or a luxurious spa experience **Cara Skin Care** will deliver amazing results!

Comments _____
